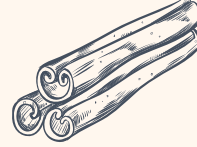
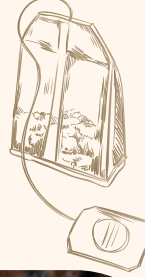


NATURAL AND AROMATIC BEVERAGES

Doğal ve Aromatik İçecekler



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LINDEN

IHLAMUR

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Linden; It is a tree-shaped plant species belonging to the linden family, growing in temperate climates. Linden, which is a very long-lived tree, can grow up to 30 meters. It is appropriate to consume the leaves and flowers of *Tilia Platyphyllos*, known as large-leaved summer linden, and European small-leaved linden, also known as *Tilia Cordata*, by boiling.

Although linden tea is usually made from the flowers and leaves of the tree, the bark of the tree is also used as a tea in some regions. However, the most valuable region of the linden tree in terms of consumption as a medicinal plant is its flowers. Its white flowers close to yellow are very fragrant, but very sensitive.

The flowers, leaves and stem bark of the tree must be dried after collection and before consumption. After drying, linden can be consumed as tea. The tea obtained by brewing the dried pieces of linden has many benefits.



ENERGY NUTRITIONAL VALUES FOR 100 GR.

Calories	:	2 kcal
Carbs	:	0 g
Fiber	:	0 g
Protein	:	0 g
Fat	:	0 g
Cholesterol	:	0 mg
Sodium	:	0 g
Vitamin A	:	0 mg
Vitamin C	:	0 mg
Potassium	:	0 mg
Calcium	:	0 mg
Iron	:	0 mg



DAISY

PAPATYA

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Chamomile flower is a plant that grows almost everywhere in our country and blooms in May and August. It is possible to come across daisy flowers almost everywhere. It is a fragrant and 20-50 cm tall herbaceous plant. The middle part of the flower is yellow.

There are 12-20 tongue-shaped white flowers on the edges. There are varieties such as Gerbera (German Chamomile), Margarit (giant daisy) and prairie daisy



Nutrition Value Calories per 100 grams
1 kcal Carbohydrate 0.2 g Fiber 0 g
Protein 0 g Fat 0 g Cholesterol 0 mg
Sodium 1 g Vitamin A 0 IU Vitamin C 0 mg
Potassium 9 mg Calcium 2 mg
Iron 0.08 mg



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SAGE

ADA ÇAYI

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Sage, which is from the family of honey-babagiller, which also includes rosemary, thyme and mint; It is rich in vitamins A, B3, B6, B9, E, and K, as well as the minerals copper, zinc, iron, calcium, manganese and potassium.

Sage also contains small amounts of calories, fat, fiber and protein.



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BALM

MELISSA - OÇUL OTU

NATURAL AND AROMATIC BEVERAGES

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Melissa species are perennial, herbaceous plants. Its oppositely arranged green leaves are divided into petiole and leaf blade. Simple leaf blades are usually egg-shaped with a serrated leaf portion. The green parts of the plant smell like lemons when touched.

Especially in the Mediterranean region, it is believed to have calming and germ-killing properties, so it is drunk by making tea.



Nutrition Value Calories per 100 grams
42 kcal Carbohydrate 5 g Fiber 3 g
Protein 4 g Fat 0.8 g Cholesterol 0 mg
Sodium 20 g Vitamin A 667 IU Vitamin
C 45 mg Potassium 400 mg Calcium
150 mg Iron 2 mg



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LAVENDER

LAVANTA

NATURAL AND AROMATIC BEVERAGES

Doğal ve Aromatik İçecekler

Lavender, whose earliest use dates back to the ancient Egyptian civilization, comes from the Latin root "wanderer" meaning "to wash". In later times, it was used as an additive for its pleasant scent in bathrooms in many civilizations, including Persia, Ancient Greece, and Rome. These cultures believed that lavender helped purify the body and mind.

Lavender, scientific name *Lavandula angustifolia*, is a perennial and evergreen plant with more than 40 varieties. It is native to the Mediterranean, Middle East and India, dating back 2,500 years.



In ancient times it was often used to give freshness and a light fragrance to various personal items such as clothes and hair.

100 gr. besin değeri Kalori: 49 Toplam yağ: 1 g Doymuş yağ: 0 g Mono doymamış yağ: 0 g Poli doymamış yağ: 0 g Kolesterol: 0 g Karbonhidrat: 11 g Şeker: 0 g Lif: 0 g Protein: 1 g Vitamin A: %6 Vitamin C: %20 Kalsiyum: %22



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FENNEL

REZENE

NATURAL AND AROMATIC BEVERAGES

Doğal ve Aromatik İçecekler

Fennel, a medicinal plant belonging to the Parsley family, is defined as *Foeniculum vulgare* L. in Latin. Fennel, which is a plant that gives flavor to dishes with its dark color and unique smell, is also consumed as tea by brewing.

The plant, which contains valuable minerals such as sodium, potassium, phosphorus and calcium, is also rich in vitamins A and C.



Tea made from fennel leaves consists of approximately 80 to 90% fenkon, 4 to 6% essential oil, 3 to 10% flavonoids, fixed oil, furanocoumarins, and 1 to 10% estragole.

Nutrition Value Calories per 100 grams
45 kcal Carbohydrate 4 g Fiber 5 g 19.1%
Protein 4 g Fat 0.39 g Cholesterol 0 mg
Sodium 189 g Vitamin A 312 IU Vitamin
C 77 mg Potassium 604 mg Calcium
243 mg Iron 11 mg



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ROSEHIP

KUŞBURNU

NATURAL AND AROMATIC BEVERAGES

Doğal ve Aromatik İçecekler

Rosehip is the fruit of a plant belonging to the rose family and also called wild rose. The height of the plant varies in the range of 1-3 meters, and its branches and trunk have thorns, just like the rose. It gives its fruits in September and October.

These fruits are small in size and round, with a color between red and orange. The homeland of the rosehip plant is Turkey.

It is widely grown in the Black Sea, Eastern Anatolia and Marmara Regions in our country. However, the rosehip plant is also grown in the Central Anatolian provinces and the Aegean Region, albeit less frequently.



Rosehip marmalade, which is among the traditional products in some regions of our country, contains heavily rosehip and is very useful especially with no added sugar.

Nutrition Value Calories per 100 grams
162 kcal Carbohydrate 38 g Fiber 6 g
Protein 2 g Fat 0.34 g Cholesterol 0 mg
Sodium 4 g Vitamin A 4345 IU Vitamin
C 426 mg Potassium 429 mg Calcium
169 mg Iron 1 mg

BLACK TEA

SİYAH RİZE ÇAYI

NATURAL AND AROMATIC BEVERAGES

Doğal ve Aromatik İçecekler

Rize tea continues to be an indispensable beverage for our country since its arrival in our country. Rize tea is suitable for every budget in terms of prices.

This affordability of Rize tea puts it one step ahead among other beverages.

As the real Rize Stream, we deliver this value of our country directly from the factory to you. We understand the value you place on tea and we attach importance to keeping our quality at the highest level. You can review our products for quality tea at an affordable price from Rize.



Nutrition Value Calories per 100 grams
1 kcal Carbohydrate 0.2 g Protein 0 g
Fat 0 g Sugar 0.13 g



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It is a delicious tea brewed with the fresh and dried leaves or seeds of the anise plant.

It has an aromatic, licorice-like distinct flavor. You can get different flavors by mixing anise tea, which is very easy to make, with different herbs.



Nutrition Value Calories per 100 grams
337 kcal Carbohydrate 50 g Fiber 15 g
Protein 18 g Fat 16 g Cholesterol 0 mg
Sodium 16 g Vitamin A 311 IU Vitamin C
21 mg Potassium 1441 mg Calcium 646
mg Iron 37 mg

TURKISH COFFEE

TÜRK KAHVESİ

NATURAL AND AROMATIC BEVERAGES

Doğal ve Aromatik İçecekler

Turkish coffee is one of the oldest coffee preparation and cooking methods that has survived from the Ottoman Empire, which has an important place in Turkish culture. It has a unique identity and tradition with its unique taste, foamy smell and presentation style. It is the only type of coffee served with its grounds.

There are 50 different flavors and fragrances in light roasted Turkish coffee, 59 in medium roasted coffee, and 65 in highly roasted coffee.

However, there are also varieties that add different flavors to its taste, such as Turkish Coffee with Cardamom made with Cardamom powder, which is the result of drying and grinding the seeds of the cardamom plant.



1 Portion (Medium) Turkish Coffee (Medium) is 16.95 calories. Turkish Coffee (Medium) contains 2.39 Carbs(g), 0.34 Protein(g), 0.42 fat(g), 3.29 fiber(g), 0.86 Sodium(mg), 87.75 potassium (mg), 10.73 Calcium (mg), 0.05 Vitamin A (ui), 0.00 Vitamin C (mg), 0.87 and Iron.



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ROSE BUD

GÜL TOMURCUK

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Rose bud is an aromatic herbal drink made from the fragrant petals and buds of rose flowers.

These teas are made from the petals of different rose plants. There are hundreds of different varieties of roses, and each one tastes a little different. The most commonly used are red and pink rose flowers.



Rose bud tea is an herbal tea with a delicious, mild and sweet flavor. It's naturally caffeine-free, a good source of hydration, rich in antioxidants, and can help relieve menstrual pain. It is one of the most sophisticated flavors among flower teas.

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Aksoy Ar Danışmanlık Besicilik Hayvancılık Tarım Gıda İnşaat ve Turizm San.Tic.Lti.Şti.



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